

General food box (1 per project week) milk, biscuits, chocolate, coffee and cereals				
Box 1	Item	Icelandic	Type	Q.ty
1	Coffee	Kaffi	Pack	2
1	Biscuits 3 Maryland	Kex	Pack	3
1	Biscuits 2 Burbons Crawford	Kex	Pack	2
1	Biscuits 2 Vanilla Crawford	Kex	Pack	2
1	Biscuits 1 Mjólkurkex	Kex	Pack	1
1	Chocolate (2-3 tablets in on pk.)	Súkkulaði	Pack	1
1	Milk (LTC)	G-mjólk	8 liters	8
1	Granola	Gránóla	Bag, 1kg	1
1	Muesli	Múslí	Bag, 1kg	1

General food box (1 per project week) Desserts and Carbs, spreads, olives and mackerell				
Box 2	Item	Icelandic	Type	Q.ty
2	Tinned fruit	Niðursoðnir ávexti	Peaches large	1
2	Tortillas wraps	Tortillavefja	Pack of 6	4
2	Pasta, 1kg spaghetti	Pasta	1 kg	1
2	Fusilli or other short pasta	Pasta	2x500gr	2
2	Rice	Hrísrjón	Bag, 1kg	1
2	Royal pudding	Búðingur	Packet	2
2	Cake	Kaka	German type	1
2	Ryvita	Hrókkbrauð	Pack	1
2	Mackerel 2 x3 cans	Makrill	cans	2
2	Olives	Ólífiur	jar	1
2	Oats	Hafrrar	Bags to 2kgs	4
2	Jam	Sulta	Jar	1
2	Peanut butter	Hnetusmjör	Jar	1
2	Chocolate spread	Súkkulaðikrem	Jar	1

General food box (1 per project week) Canned veg, sugar, drinks, tea and kitchen roll				
Box 3	Item	Icelandic	Type	Q.ty
3	Kitchen roll	Eldhúsrúllur	Roll	1
3	Tomatoes	Tómatar	Tins	5
3	Tomatoes purée	Tómatapuré	Small tins	2
3	Kidney beans	Nýrnabaunir	Tins	2
3	Sweet corns	Maískorn	Tins	2
3	Dried Fruit	Þurrkaðir ávextir	bag	2
3	Dried apples	Þurrkað epli	bag	1
3	Trail mix Hawaiian	Blandað hnétur og	2 x 200gr bags	2
3	Raisins	Rúsínur	Bag	1
3	Orange Juice	Appelsínusafi	TetraPack 1l	4
3	Apple juice	Eplasafi	TetraPack 1l	4
3	Teabags 25x2boxes	Te	Melrose-Earl Grey	2

**FRESH FOOD RECOMMENDATION - *Replace items in Long Team Box if/when needed***  
(i.e. Because of special dietary)

Box 4	Item	Icelandic	Type	Q.ty
Fresh	1 fruit per member per day	Epli, Banani, Appelsína, Pera	Apples, Bananas, Oranges, Pears	35 pieces
Fresh	Potatoes	Kartöflur	bag	up to 2kg
Fresh	Onions	Laukur	i.e. Red	4
Fresh	Lettuce	Salat	a head	1
Fresh	Tomatoes	Tómatar		8
Fresh	Carrots	Gulrætur		1 big pack
Fresh	Mushrooms	Sveppir	i.e. Blue box	2 pks
Fresh	Peppers	Paprika	i.e. red	3
Fresh	Cucumbers	Agúrka (gúrka)		2
Fresh	Garlic / Ginger	Hvítlaukur/engifer	when needed	1
Fresh	Meat	Lambakjöt, grísakjöt	Lamb/pork steaks	For 2 meals
Fresh	Fish	Ýsa, Þorskur, Lax	Haddock, Cod, Sal	For 2 meals
Fresh	Lunch meat	Skinka/Salami		4pks
Fresh	Butter	Smjörvi	Margarine butter	3pks
Fresh	Cheese	Ostur	i.e. 26% fat	1big block
Fresh	FlavourSpread cheese or Feta	Smurostur/Feta	beacon/mushr.	1-2
Fresh	Skyr	Skyr		4 big tubes
Fresh	Free Range Eggs	Vistvæn egg		10
Fresh	Bread	Brauð		5 loafs

LONG TERM BOX (1 per group, plastic box)				
Box	Item	Icelandic	Type	Q.ty
LTB	Salt	Salt	Tub	1
LTB	Soy	Soja	Bottle	1
LTB	Ketchup	Tómatsósa	Bottle	1
LTB	Mustard	Sinnep	Pot	1
LTB	Cooking oil	Steikingar-/ólífuoli	Bottle, 1l	1
LTB	Lemon juice	Sítrónusafi	Squeezer	1
LTB	Vegetable stock cubes	Grænmetisteninga	Pack	2
LTB	Red Lentils	Rauðar linsur	Bag, 250gr	2
LTB	Soup (powder)	Súpa (duft)	Packet	4
LTB	Catbury chocolate powder	Catbury (Kakó)	Tin	1
LTB	Swiss Miss	Swiss Miss (Kakó)	Tin	1
LTB	Syrup (Squeezy ones)	Sýróp	Squeezer	1
LTB	Honey	Hunang	Jar	1
LTB	Cinnamon	Kanill	Tub	1
LTB	Sugar	Sykur	1kg	1
LTB	Flour	Hveiti	Bag,1kg	2
LTB	Yeast	Ger	Sachet	4
LTB	Black Pepper	Svartur pipar	Small jar	1
LTB	Lemon pepper	Sítrónupipar	Small jar	1
LTB	Dill	Dill	Small jar	1
LTB	Rosemary	Rósmarín	Small jar	1
LTB	Pizza herbs	Pizzakrydd	Small jar	1
LTB	Curry mix (powder)	Karrí	Large jar	1
LTB	Chili powder	Chíle (rauður pipa)	Small jar	1
LTB	Corn Flour	Maíssterkja	box	1
LTB	Chickpeas	Kjúklingabaunir	Tin	1

SUNDRIES (1 per group, plastic box)				
Box	Item	Icelandic sing.	Type	Q.ty
Sund&Docs	Washing up liquid	Uppþvottalögur		1
Sund&Docs	Alcohol soap	Spritt		1
Sund&Docs	Sponges	Svampur		4
Sund&Docs	Scrubber	Skrúbbur		1
Sund&Docs	Pan scourer	Pottaskrúbbur		1
Sund&Docs	Tea towels	Viskastykki		4
Sund&Docs	Cleaning Cloths	Hreinsiklútur		1
Sund&Docs	Brillo pads	Brillo stálull		1
Sund&Docs	Clothes pegs	Snagi		24
Sund&Docs	Washing gloves	Gúmmíhanski		1
Sund&Docs	Big trash bags	Ruslapoki	roll	1
Sund&Docs	Tin foil	Álpappír		1
Sund&Docs	Cling film	Plastfilma		1
Sund&Docs	Polybags	Glært plastpoki	one roll of 20	1
Sund&Docs	Sandwich bags	Nestispoki	one roll of 50	1
Sund&Docs	Food plastic boxes	Nestisbox		2
Sund&Docs	Lighter one big one small	Kveikjari	4 big ones	2
Sund&Docs	Box of matches	Eldspýtur		1
Sund&Docs	Plastic coffee filter	Plastfilter		2
Sund&Docs	Coffee filters	Kaffifilter		30
Sund&Docs	Bungees	Teygja		2
Sund&Docs	Gaffer tape	Gaffer límband	roll	1
Sund&Docs	Small cooker	Lítill gaseldavél		2
Sund&Docs	Sanitizer gel soap	Spritt 70%		1
Sund&Docs	Strings for hanging clothes		few meters	1

<b>KITCHEN EQUIPMENT BOX (usually follows the mess tent)</b>				
<b>Box</b>	<b>Item</b>	<b>Icelandic (singular)</b>		
Kitchen Box	Knives	Hnífur		7
Kitchen Box	Forks	Gaffall		7
Kitchen Box	Spoons	Matskeið		7
Kitchen Box	Tea Spoons	Teskeið		7
Kitchen Box	Plates large	Matardiskur		7
Kitchen Box	Plates small	Lítill diskur		7
Kitchen Box	Soup bowls	Djúpur diskur		7
Kitchen Box	Cups	Bolli		7
Kitchen Box	Glasses	Glas		7
Kitchen Box	Pots (3 diff sizes)	Pottur		3
Kitchen Box	Frying pan	Steikarpanna		1
Kitchen Box	Mixing bowls (3 diff sizes)	Skál		3
Kitchen Box	Spatula	Spaði		1
Kitchen Box	Can opener	Dósaopnari		1
Kitchen Box	Ladels	Ausa		2
Kitchen Box	Big spoon (also wooden)	Sleif		2
Kitchen Box	Sieve	Sigti		1
Kitchen Box	Whask	Pískur		1
Kitchen Box	Big knives	Stór hnifur (búrhnífur)		1
Kitchen Box	small sharp knife	Lítill hnifur		1
Kitchen Box	Potato peeler	Flysjari		1
Kitchen Box	Cheese gritter	Ostarifjárn (rifjárn)		1
Kitchen Box	Cheese slicer	Ostaskeri		1
Kitchen Box	Jug	Kanna (krús)		1
Kitchen Box	Chopping board	Skurðbretti		2
Kitchen Box	Scissor	Skæri		1
Kitchen Box	Washing bowl	Þvottaskál		1
Kitchen Box	Pot coaster :)	Hitamotta		2
Kitchen Box	Table thermos	hitakanna		1

<b>MESS TENT ITEMS</b>				
	<b>Item</b>	<b>Icelandic singular</b>		
Mess tent equip.	Mess tent (single or double)	Eldhústjald		1
Mess tent equip.	Cool box	Kælibox		1
Mess tent equip.	Big cooker	Stór gashella		1
Mess tent equip.	Big 11kg yellow gas tank	Gaskútur		1
Mess tent equip.	Spanner	Skiptilykill		1
Mess tent equip.	Drinking water tank	Vatnskútur		1
Mess tent equip.	Stools	Kollur		5
Mess tent equip.	First aid Kit small green	Fyrsta hjálp		1

<b>TEAM ITEMS - The team leader will have a car and a leader's backpack</b>				
	<b>Item</b>	<b>Icelandic singular</b>		
backpack	Thermos	Hitabrúsi		2
backpack	Markers	Túspenni		1
backpack	Notebook, and pen	Minnisbók		1
backpack	First aid Kit (Green waist one)	Fyrsta hjálp		1
backpack	Phone and rechargers	Sími og hleðslutæki		1
backpack	ID leaders card	Liðstjóráskirteini		1
Car	Folder (Project logs, checklists, cookbo	Mappa		1
Car	First aid Kit (Orange one)	Fyrsta hjálp		1
Car	N1 card	Eldsneytiskort		1
Car	Bónus card	Viðskiptakort Bónus		1
Car	Other shopping cards (when available)			1
Car	Phone recharger for cars	Símahleðslutæki		1
Car	Atlas	Vegahandbók		1
Car	Screen wash	Rúðuvökvi	5l	1
Car	Ziplocks to put the receipts / bills (in the folder)			1
Pick-up	Fuel tank	Eldsneytisbrúsi		1
Pick-up	Bungees	Teyja		1
Pick-up	Strap or tow-rope	Eg veit það ekki :)		1
Light bulbs can be changed at some N1 station, using N1 card.				
If you use the extra screen wash, please make sure to replace it				

Tool list for Trail Teams				
Purpose/Tilgangur	Tools	Verkfæri	Type	Amount/Fjöldi
Stone/Timber	Bucket	Fata		4
Stone/Timber	Spade	Skófla		3
Stone/Timber	RockBar	Járnkarl		2
Stone/Timber	Hammer - Claw	Hamar		2
Stone/Timber	Crowbar	Kúbein		1
Stone/Timber	Hammer - Sledge	Sleggja stór		1
Stone/Timber	Mattock	Haki		1
Stone/Timber	Shovel	Grjótskófla		1
Stone/Timber	Tape Measure	Málband		1
Stone/Timber	Spirit level	Hallamæli		1
Stone/Timber	Lump hammers	Garðskófla		1
Stone/Timber	Sharpening stone			1
Stone work	Net	Net	Fishing 2x2mt.	1
Scoria	Scutches / tial hammer			1
4wheel tracks	Rakes (add more when needed)	Hrífa		1
Timber	Lopper	Tréklippur		1
Timber	Saw - Bow	Sög -bogin		1
Timber	Saw - Panel	Sög		1
Timber	Axe	Öxi		1
Lupin tools	Digger	Fíflabani		1
Lupin tools	Trowell	Garðskófla		1

Tools available in the storage for special projects				
Tilgangur/purpos	Tools	Verkfæri		Amount/Fjöldi
Carpentry - Signs - Fences	Saw - metal	Járnsög		1
Carpentry - Signs - Fences	Wirecutter/fencing tool	Vírkippur		1
Carpentry - Signs - Fences	Pinces	Töng		1
Landscaping	Whale tail			1
Landscaping	Big forks			1
Landscaping	Turf cutter			1
Off roading tracks	Sweepers			1