

General food box (1 per project week) Desserts and Carbs, spreads, olives and mackrell				
Box 2	Item	Icelandic	Type	Q.ty
2.1	Tinned fruit	Niðursoðnir ávexti	Peaches large	1
2.1	Tortillas wraps	Tortillavefja	Pack of 6	4
2.1	Pasta, 1kg spaghetti	Pasta	1 kg	1
2.1	Fusilli or other short pasta	Pasta	2x500gr	2
2.1	Rice	Hrísgrjón	Bag, 1kg	1
2.1	Cake	Kaka	German type	1
2.1	Ryvita	Hrökkbrauð	Pack	1
2.1	Mackerel 3 cans	Makrill	cans	1
2.1	Olives	Ólífur	jar	1
2.1	Oats	Hafrar	Bags to 2kgs	2
2.1	Jam	Sulta	Jar	1
2.1	Peanut butter	Hnetusmjör	Jar	1
2.1	Chocolate spread	Súkkulaðikrem	Jar	1
2.1	Coffee	Kaffi	Pack	2
2.1	2+2 Crafw (Vanilla and Bourbon)	Kex	Packet	4
2.1	Chocolate (2-3 tablets in on pk.)	Súkkulaði	Pack	1
2.1	Granola	Granóla	Bag, 1kg	1

General food box (1 per project week) Canned veg, sugar, drinks, tea and kitchen roll				
Box 3	Item	Icelandic	Type	Q.ty
3.1	Kitchen roll	Eldhúsrúllur	Roll	1
3.1	Tomatoes	Tómatar	Tins	5
3.1	Tomatoes purée	Tómatapuré	Small tins	2
3.1	Kidney beans	Nýrnabaunir	Tins	2
3.1	Sweet corns	Maískorn	Tins	1
3.1	Chickpeas	Klúklingabaunir	Tins	1
3.1	Dried Fruit	þurrkaðir ávextir	bag	2
3.1	Dried Apples	þurkkuð epli	bag	1
3.1	Trail mix Hawaiian	Orkupoki	200gr bags	2
3.1	Raisins (chocolate raisins)	Rúsínur	Bag	1
3.1	Orange Juice	Appelsínusafi	TetraPack 1l	2
3.1	Apple juice	Eplasafi	TetraPack 1l	2
3.1	Teabags 25x1box	Te	Variety pack	1
3.1	Teabags 25x1box	Te	English Breakfast	1
3.1	Biscuits 4 Maryl	Kex	Packet	4
3.1	1 Mjólkurkex	Kex	Packet	1
3.1	Oat Milk	Haframjól	2 liters	2
3.1	Coconut can	Kókósmjól	Tin	1

**FRESH FOOD RECOMMENDATION - *Replace items in Long Team Box if/when needed* (i.e. Because of special diet)**

Box 4	Item	Icelandic	Type	Q.ty
Fresh	1 fruit per member per day	Epli, Banani, Appelsína, Pera	Apples, Bananas, Oranges, Pears	35 pieces
Fresh	Potatoes	Kartöflur	bag	up to 2kg
Fresh	Onions	Laukur	i.e. Red	4
Fresh	Lettuce	Salat	a head	1
Fresh	Tomatoes	Tómatar		8
Fresh	Carrots	Gulrætur		1 big pack
Fresh	Mushrooms	Sveppir	i.e. Blue box	2 pks
Fresh	Peppers	Paprika	i.e. red	3
Fresh	Cabbage / Cauliflower or Brocoli	Kál		1
Fresh	Cucumbers	Agúrka (gúrka)		2
Fresh	Garlic / Ginger	Hvítlaukur/engifer	when needed	1
Fresh	Meat	Lambakjöt, grísakjöt	Lamb/pork steaks	For 2 meals
Fresh	Fish	Ýsa, Þorskur, Lax	Haddock, Cod, Salmo	For 2 meals
Fresh	Lunch meat	Skinka/Salami		4pks
Fresh	Butter	Smjörvi	Margarine butter	3pks
Fresh	Cheese	Ostur	i.e. 26% fat	1big block
Fresh	Flavour Spread cheese or Feta	Smurostur/Feta	beacon/mushr.	1-2
Fresh	Skyr	Skyr		4 big tubes
Fresh	Free Range Eggs	Vísvæn egg		10
Fresh	Bread	Brauð		5 loafs

<b>LONG TERM BOX (1 per group, plastic box)</b>				
<b>Box</b>	<b>Item</b>	<b>Icelandic</b>	<b>Type</b>	<b>Q.ty</b>
LTB	Salt	Salt	Tub	1
LTB	Soy	Soja	Bottle	1
LTB	Ketchup	Tómatsósa	Bottle	1
LTB	Mustard	Sinnep	Pot	1
LTB	Cooking oil	Steikingar-/ólífuolí	Bottle, 1l	1
LTB	Cider vinegar	Edik	Bottle	1
LTB	Lemon juice	Sítrónusafi	Squeezer	1
LTB	Vegetable stock cubes	Grænmetisteninga	Pack	2
LTB	Red Lentils	Rauðar linsur	Bag, 250gr	2
LTB	Dried veggie / soup	Súpa	Bag, 200gr	1
LTB	Catbury chocolate powder	Catbury (Kakó)	Tin	1
LTB	Swiss Miss	Swiss Miss (Kakó)	Tin	1
LTB	Royal pudding	Búðingur	Packet	2
LTB	Syrup (Squeazy ones)	Sýróp	Squeezer	1
LTB	Honey	Hunang	Jar	1
LTB	Cinnamon	Kanill	Tub	1
LTB	Sugar	Sykur	1kg	1
LTB	Flour	Hveiti	Bag,1kg	2
LTB	Baking powder	Luftiduft	Jar	1
LTB	Black Pepper	Svartur pipar	Small jar	1
LTB	Lemon pepper	Sítrónupipar	Small jar	1
LTB	Smoked paprika	Reyk paprika	Small jar	1
LTB	Rosemary	Rósmarín	Small jar	1
LTB	Pizza herbs	Pizzakrydd	Small jar	1
LTB	Curry mix (powder)	Karrí	Large jar	1
LTB	Chili powder	Chíle (rauður pipar)	Small jar	1
LTB	Corn Flour	Maíssterkja	box	1
LTB	Spiracha	Spiracha	Bottle	1

<b>SUNDRIES (1 per group, plastic box)</b>				
<b>Box</b>	<b>Item</b>	<b>Icelandic sing.</b>	<b>Type</b>	<b>Q.ty</b>
Sund&Docs	Small cooker	Lítill gaseldavél		2
Sund&Docs	Washing up liquid	Uppþvottalögur		1
Sund&Docs	Hand soap	Sápa		1
Sund&Docs	Hand sanitizer	Spritt 70%		1
Sund&Docs	Sponges	Svampur		4
Sund&Docs	Scrubber	Skrúbbur		1
Sund&Docs	Pan scourer	Pottaskrúbbur		1
Sund&Docs	Tea towels	Viskastykki		4
Sund&Docs	Cleaning Cloths	Hreinsiklútur		1
Sund&Docs	Brillo pads	Brillo stálull		1
Sund&Docs	Washing gloves	Gúmmihanski		1
Sund&Docs	Big trash bags	Ruslapoki	roll	1
Sund&Docs	Tin foil	Álpappír		1
Sund&Docs	Cling film	Plastfilma		1
Sund&Docs	Food plastic boxes	Nestisbox		2
Sund&Docs	Lighter one big one small	Kveikjari		2
Sund&Docs	Box of matches	Eldspýtur		1
Sund&Docs	Plastic coffee filter	Plastfilter		2
Sund&Docs	Coffee filters	Kaffifilter		30
Sund&Docs	Bungees	Teygja		2
Sund&Docs	Gaffer tape	Gaffer límband	roll	1
Sund&Docs	Clothes pegs	Snagi		24
Sund&Docs	Strings for hanging clothes	Bönd	few meters	1

<b>KITCHEN EQUIPMENT BOX (usually follows the mess tent)</b>				
<b>Box</b>	<b>Item</b>	<b>Icelandic (singular)</b>		
Kitchen Box	Knives	Hnífur		7
Kitchen Box	Forks	Gaffall		7
Kitchen Box	Spoons	Matskeið		7
Kitchen Box	Tea Spoons	Teskeið		7
Kitchen Box	Plates large	Matardiskur		7
Kitchen Box	Plates small	Lítill diskur		7
Kitchen Box	Soup bowls	Djúpur diskur		7
Kitchen Box	Cups	Bolli		7
Kitchen Box	Glasses	Glas		7
Kitchen Box	Pots (3 diff sizes) and leads	Pottur		3
Kitchen Box	Frying pan	Steikarpanna		1
Kitchen Box	Mixing bowls (3 diff sizes)	Skál		3
Kitchen Box	Spatula	Spaði		1
Kitchen Box	Can opener	Dósaopnari		1
Kitchen Box	Ladels	Ausa		2
Kitchen Box	Big spoon (also wooden)	Sleif		2
Kitchen Box	Sieve	Sigti		1
Kitchen Box	Whask	Pískur		1
Kitchen Box	Big knives	Stór hnífur (búrhnífur)		1
Kitchen Box	small sharp knife	Lítill hnífur		1
Kitchen Box	Potato peeler	Flysjarí		1
Kitchen Box	Cheese gritter	Ostarifjárn (rifjárn)		1
Kitchen Box	Cheese slicer	Ostakeri		1
Kitchen Box	Jug	Kanna (krús)		1
Kitchen Box	Chopping board	Skurðbretti		2
Kitchen Box	Scissor	Skæri		1
Kitchen Box	Pot coaster	Hitamotta		2
Kitchen Box	Table thermos	hitakanna		1

<b>MESS TENT ITEMS</b>				
	<b>Item</b>	<b>Icelandic singular</b>		
Mess tent equip.	Mess tent (single or double)	Eldhústjald		1
Mess tent equip.	Pegs and poles for the mess tent	Eldhústjald		1
Mess tent equip.	Cool box	Kælibox		1
Mess tent equip.	Big cooker	Stór gashella		1
Mess tent equip.	Big 11kg yellow gas tank	Gaskútur		1
Mess tent equip.	Small 5kg blue gas cannister	Gashella		1
Mess tent equip.	Drinking water tank	Vatnskútur		1
Mess tent equip.	Washing bowl	Þvottaskál		1
Mess tent equip.	Stools	Kollur		5
Mess tent equip.	Foldable table (or use picknick table in	Borð		1

<b>TEAM ITEMS - The team leader will have a car and a leader's backpack</b>				
	<b>Item</b>	<b>Icelandic singular</b>		
backpack	Thermos	Hitabrúsi		2
backpack	Markers	Túspenni		
backpack	Notebook, and pen	Minnisbók		1
backpack	First aid Kit (Green waist one)	Fyrsta hjálp		1
backpack	Phone and rechargers	Sími og hleðslutæki		1
backpack	ID leaders card	Liðstjórnaskirteini		1
Car	Team Folder	Mappa		1
Car	First aid Kit (Orange one)	Fyrsta hjálp		1
Car	N1 card	Eldsneytiskort		1
Car	Bónus card	Viðskiptakort Bónus		1
Car	Krónan card	Viðskiptakort Krónan		1
Car	Phone recharger for cars	Símahleðslutæki		1
Car	Atlas	Vegahandbók		1
Car	Screen wash	Rúðuvökvi		5l
Car	Ziplocks to put the receipts / bills (in the folder)			pack
Car	Spanner for the gas cannister	Skiptilykill		1
Pick-up	Fuel tank	Eldsneytisbrúsi		1
Pick-up	Bungees	Teyja		1
Pick-up	Strap or tow-rope	Eg veit það ekki :)		1

Tool list for Trail Teams				
Purpose/Tilgangur	Tools	Verkfæri	Type	Amount/Fjöld
Stone/Timber	Bucket	Fata		4
Stone/Timber	Spade	Skófla		3
Stone/Timber	RockBar	Járnkarl		2
Stone/Timber	Hammer - Claw	Hamar		2
Stone/Timber	Crowbar	Kúbein		1
Stone/Timber	Hammer - Sledge	Sleggja stór		1
Stone/Timber	Mattock	Haki		1
Stone/Timber	Shovel	Grjótskófla		1
Stone/Timber	Tape Measure	Málband		1
Stone/Timber	Spirit level	Hallamæli		1
Stone/Timber	Lump hammers	Garðskófla		1
Stone/Timber	Sharpening stone			1
Stone work	Net	Net	Fishing 2x2mt.	1
Scoria	Scutches / tial hammer			1
4wheel tracks	Rakes (add more when needed)	Hrífa		1
Timber	Lopper	Tréklippur		1
Timber	Saw - Bow	Sög -bogin		1
Timber	Saw - Panel	Sög		1
Timber	Axe	Öxi		1
Lupin tools	Digger	Fíflabani		1
Lupin tools	Trowell	Garðskófla		1

Tools available in the storage for special projects				
Tilgangur/purpose	Tools	Verkfæri		Amount/Fjöld
Carpentry - Signs - Fences	Saw - metal	Járnsög		1
Carpentry - Signs - Fences	Wirecutter/fencing tool	Vírklippur		1
Carpentry - Signs - Fences	Pinces	Töng		1
Lupin tools	Sickle	Sigð		1
Landscaping	Whale tail			1
Landscaping	Big forks			1
Landscaping	Turf cutter			1
Off roading tracks	Sweepers			1
	Long tape measure			